

Ninth Annual
Northern
California

Sufi Sesshin

with Pír Shabda Kahn, Murshid Wali Ali, Murshida Taj Inayat,
Sheikh Rahmat Moore and Gayan Long

Friday, January 6 - Sunday, January 15, 2012

Ten Days of Zikr, Dances of Universal Peace, and Meditation

Join us for ten days of Silent Meditation alternating with Zikr and Dances of Universal Peace, integrating active practice with meditation, a deep and joyful experience.

“The Dances of Universal Peace and Zikr are an excellent way to prepare for meditation and meditation is an excellent way to prepare for the Dances of Universal Peace and Zikr.”

— Murshid Samuel Lewis

This potent practice combines the power and resonance of the Zikr Circle /Dance Circle with the profound calm and abiding insight of the meditative state. It is our goal that this integrative approach will move us toward a grounded balance of Serenity, Insight and Awareness. The teachings and transmission of Hazrat Inayat Khan and Murshid Samuel Lewis will be woven into the context of the retreat.

Our retreat site, owned and operated by the Institute of Noetic Sciences, is a beautiful property on the Marin-Sonoma border, conveniently located right off Hwy 101, sheltered by rolling hills. It has a spacious Dance/Meditation Hall, dining hall and comfortable lodging in single or double rooms.

Cost for retreat, lodging, and meals is \$925/double occupancy or \$1170 for a single room. Off-site price \$660. Work trade/scholarships may be available. Early birds, before November 1, deduct \$75. Part-time registrants must start at the beginning, \$125 per day on site, double occupancy. \$89 per day for commuters.

Sufi Sesshin fees provide only minimal support for the teachers — there will be an opportunity to give “Dana” (further financial generosity) at the retreat.

To register, go to <<http://goldengatesufi.org/SufiSesshin>> and find an online registration form, which has all the information both you and we need, along with travel tips. Or send a non-refundable deposit of \$150 to: Alia Greenfield, 404 Upham St, Petaluma CA 94952.

Checks or money orders can be made to “GGSC (Golden Gate Sufi Circle)” Credit Card payment through Paypal, see online registration form. You can also contact Alia at 707-765-1850 or by email at heartandwings@comcast.net.

Reserve your space as early as possible, save money, and avoid disappointment! Previous years have filled our allotted space.

