



The Dance of Life: Into the Heart of Love

*September 10-12, 2010
San Diego, CA*

*A Weekend of Deepening in the
Dances of Universal Peace
and the teachings of
Universal Sufism
with
Pir Shabda Kahn*

All are welcome!

Join master musician and renowned Sufi teacher Pir Shabda Kahn for a joyous and heart-centered weekend of Dances of Universal Peace, Sufi Practices, teachings, sitting meditation, the Walking Meditations of Murshid Samuel Lewis, and Zikr. Come, and experience these multi-cultural practices that awaken and touch the Spiritual Essence within ourselves and others.

Come, come, whoever you are!



*"As one can
see when the
eyes are open,
so one can
understand
when the
heart is open."*

*~ Hazrat
Inayat Khan*

Shabda Kahn, a direct disciple of the American Sufi Master, Murshid Samuel Lewis, has been practicing Sufism since 1969. He is the Pir (Spiritual Director) of the Sufi Ruhaniat International, the Sufi lineage tracing from Hazrat Inayat Khan and Murshid Samuel Lewis. In 1972 Shabda met his second great teacher, the late Master Singer, Pandit Pran Nath, and began the daily practice of North Indian classical music in the Kirana style. He now teaches vocal music and performs Raga singing and has appeared in numerous concerts around the world. Shabda is also a disciple of the illustrious Tibetan Buddhist Master, the 12th Tai Situpa Rinpoche.

Shabda travels throughout the world spreading the Sufi Message of Love, Harmony and Beauty, bringing warmth, humor and clarity in his efforts to help seekers on their Path to Awakening.

Shabda will be accompanied by the brilliant drummer Gayan Gregory Long. Gayan has studied with teachers from around the world and he brings masterful rhythms from the Middle East, Africa, and the Native Traditions of the Americas to the dance circle. In addition to his drumming, Gayan is also an accomplished dance leader and his leading and music facilitate great joy, strength, and opening.



Sponsored by One Sun San Diego Sufi Circle

"A hundred suns fill a hundred courtyards, until all the walls come down." Rumi



Schedule: Sept. 10-12, 2010

Friday: 7:30PM-9:30PM	Christ Lutheran Church, 4761 Cass St., San Diego Pacific Beach area of San Diego (92109)
Saturday: 9:30AM-5:00PM*	Private home in the La Jolla area of San Diego
Sunday 9:30 AM-5:00PM*	Private home in the La Jolla area of San Diego

Schedule Details:

Friday evening:	Dance meeting: Dances of Universal Peace
Saturday morning:	Dances of Universal Peace, Sufi Teachings and the Walks
Saturday afternoon:	Deepening in the Dances and Zikr
Sunday morning:	Sufi Style Sesshin (alternating periods of sitting meditation and Dances of Universal Peace)
Sunday afternoon:	Dances of Universal Peace, Sufi Teachings and the Walks

**Lunch on your own. Lunch options will be available for purchase, or you may bring your own lunch.*



Tuition:

Early registration (before September 1st)

\$160 for whole weekend (includes Friday night)
\$20 Friday night only

Late registration (after September 1st)

\$175 for the whole weekend (includes Friday night)
\$25 Friday night only

To Register:

Register online at:

<http://onesunsandiego.com/events.html>

Register by mail:

Mail completed registration form with check to:
One Sun San Diego
PO Box 653, La Mesa, CA 91944

Register by phone:

Call Louise at 619-415-3568

Questions? For additional information:

- Visit the One Sun San Diego website at: www.onesunsandiego.com
- Contact Us <http://www.onesunsandiego.com/contact.html>
- Call Louise at 619-415-3568
- To listen to talks by Shabda, visit: www.marinsufis.com/talks.php